

2010 SCI Network

We are excited to announce the 2010 SCI Network Calendar of Events! A calendar of events that will broaden your knowledge, get you active, and allow you to have fun. In the previous year, we had a blast and this year we are looking to recreate a whole new year of fun! We have incorporated some of our past most popular events with a new list of exciting adventures. So stay informed, be active, and have some adventure with RAGE. We will be looking forward to seeing you there!

~Your Friends at RAGE

Rebuilding All
Goals Efficiently

2901 El Camino Ave, Suite 102
Las Vegas, NV 89102
Phone: 702-333-1038
Fax: 702-259-6421

2010 SCI Network:

See What The "RAGE" is All About!



702-333-1038

www.bteamrage.org

Calendar of Events

January 9: Self Determination

Self determination means having choice & control over your life. Come learn to be the best advocate for yourself!

Call Office for Details!

February 4: Back to Work

Motivated to get back to work? Come on down & let RAGE give you the tools & pointers to make your motivation a success!

RAGE Office 4:00 PM

March 4: Functional Fashion

No more sweats! Get tips on clothes, makeup, & fashion from someone whose been there... other wheelchair users!

RAGE Office 4:00 PM

April 3: In Case of a Fire

Are you prepared for a fire emergency? The fire department will be out to help those with mobility impairments plan the best escape route.

Call Office for Details!

May 1: Nutrition & Weight Management

Let us provide you all the info you need to look & feel your best!



RAGE Gym, 1:00 PM

June 5: Swimming

Come Down to the pool and learn a whole new way to get in shape!

Call Office for Details

July 8: Learning To Drive...Again.

Learn the ins & outs of driving with a disability!

RAGE Office, 4:00 PM

August 7: Bowling

Bowling is fun! Come knock some pins down with us!

Santa Fe Station, 1:00 PM

September 4: Hand Cycles

Come try out our hand cycles! We have one for every ability!

Lorenzi Park, 1:00 PM

October 7: Wound Care

Ouch! Learn how to care & get rid of those nasty wounds!

RAGE Office, 4:00 PM

November 6: Over the Line

A fun way of playing softball! Come join the team!

Call Office for Details!

December 9: Celebrating Life

R.S.V.P. for this end of the year celebration. Food, fun and friends will be abound!

RAGE Office, 4:00 PM

R.S.V.P. for Reminders

January

July

February

August

March

September

April

October

May

November

June

December

Name

Address

Email

Phone

Signature

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Please detach this form and mail it to the address at the left. We will send you reminders as events come up!